

When:

Mondays - 10am to 11am

Dates:

Term 1 - 7 Feb to 4 Apr 2022

Where:

Boronia

Cost:

\$5 per session

Book:

www.trybooking.com/BWWXG

All carers welcome!

Aqua Aerobics

ACTIVE CARERS

When:

Tuesdays - 1.30pm to 2.30pm

Dates:

Term 1 - 8 Feb to 5 Apr 2022

Where:

Ferntree Gully

Cost:

\$5 per session

Book:

www.trybooking.com/BWWXC

Pilates

Enquiries

Contact Jenna at Interchange Outer East on 9758 5522 or familysupport@ioe.org.au