

# HEP

# HOME EXPERIENCE PROGRAM

## TAKE THE NEXT STEPS TO INDEPENDENT LIVING

### ABOUT THE PROGRAM

The Interchange Outer East (IOE) Home Experience Program (HEP) supports participants ready for greater independence in their lives to live in a share house for a six month period.

IOE will provide part time staffing and a lead tenant to ensure you and your house mates are safely developing the skills required to support this six month transition into moving permanently out of the family home. The HEP model allows the freedom of living away from home but still having enough support to build on skills and capacities.

During the day you may chose to go to day programs, work or volunteer, or simply stay home. This will be a decision for you and your family.

### PROGRAM OUTCOMES

- A clear plan for further development and supports that may be required to achieve housing and lifestyle goals for each participant. Identifying gaps in skills to be addressed in order to enable greater independence
- Individuals and families will feel supported and empowered to make more informed decisions around future independent living options post HEP.
- Ensuring greater choice and control in all aspects of independent living options for the participant.
- Increased confidence, functional capacity, independence and understanding around the expectations and responsibilities that come with successfully living out of home.
- Increased responsibility and involvement in all areas of maintaining a positive home life such as; budgeting, chores, time management, self care, relationships, organisational and interpersonal skills.



### NOTES:

The house will NOT be staffed between 9am and 4pm on weekdays.

As this will be your home for six months, compatibility, group dynamics and suitability for the program will be carefully considered prior to acceptance into this program.

This program will accommodate three participants for each six month block.



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## PROGRAM COSTS 2021/22

### NDIS COSTS

NDIS - Core Supports	Occasions per annum	NDIS Core - 1:3 group based rate	Total NDIS Core Supports - Six Months
Mon to Fri - 7am to 9am Mon to Fri - 4pm to 8pm Saturday - 11am to 6pm Sunday - 3pm to 6pm	26 weeks (6 months)	\$1,192.31 per week X 26 weeks	<b>\$31,000</b>

### OUT OF POCKET COSTS

IOE will invoice you directly for your share of the rent.

Other out of pocket costs include a set fee for all utilities (inc. Wi-Fi and Netflix) as well as your contribution towards the weekly shopping budget.

More detailed information can be provided upon enquiry.

### PROGRAM ELIGIBILITY

Ideally you will have completed at least 12 months of the weekly IOE House Intensive Program and/or meet the selection criteria below:

- Independent in all areas of personal care, e.g. showering/dressing/hygiene routines;
- Able to self administer medication;
- Able to stay on your own safely at the house for several hours should this situation arise; and
- Have a basic level of competence around household tasks/chores.

## Find out more or be involved:

Contact Linda Hull on 9758 5522

or [linda.hull@ioe.org.au](mailto:linda.hull@ioe.org.au)



*\*Cost information is subject to NDIS price/policy changes*