



AUTUMN 2024

Social opportunities for the families of children and young adults with disability, living in Melbourne's outer east. Offering a variety of affordable outings, camps and weekends away for parents and carers, siblings and grandparent carers to relax and unwind, meet others and build their community.

All welcome. Families do not need to be registered with IOE to be involved.

**Bookings open at 7pm on
Friday 16 February 2024**

Enquiries to:

Family Support Programs Coordinator
9758 5522 **OR** familysupport@ioe.org.au

If an activity is full, please ensure you book into the waitlist via the booking link as extra places often become available. Please ensure you have completed the form below before attending your first family support activity: www.bit.ly/IOE_Family_Support



Sibling Support

Our Sibling Support Program gives children and teens, who have a brother or sister with a disability the chance to have fun and make friends with others who understand their situation. To access the program you must have a sibling with a disability. This program is not for individuals who have a disability themselves. Activities and camps for siblings are FREE to attend, thanks to the generous support of Freemasons Victoria.

RUSH HQ - Ages 5 to 13

When: Saturday 23 March - 10am to 3pm

Where: Transport from IOE, Ferntree Gully

Book: www.trybooking.com/CPAXM

HEALESVILLE SANCTUARY - Ages 5 to 17

When: Sunday 11 May - 10am to 5pm

Where: Transport from IOE, Ferntree Gully

BOOK: www.trybooking.com/CPBRO

GUNNAMATTA TRAIL RIDES - Ages 10 to 18

When: Sunday 27 April - 9am to 4.30pm

Where: Transport from IOE, Ferntree Gully

BOOK: www.trybooking.com/CPBPB

Family Support

CROCS FAMILY PLAY SESSION - Ages 0 to 10

When: Saturday 16 March - 5pm to 8pm

Where: Crocs Playcentre, Maroondah Hwy, Ringwood

Cost: \$5 per person, includes dinner

BOOK: www.trybooking.com/COYYW

Family Support Programs - AUTUMN 2024

Carer Support

Our Carer Support Program gives parents and carers of children and young adults with disability the chance to connect with each other in a relaxed and social environment. Providing daytime, week night and weekend opportunities to allow as many carers as possible to attend at the times that suit them. Due to high demand, carers are asked to book one social dinner only per quarter, unless more places become available due to cancellation, etc. Keep an eye on our Facebook page for last minute availability.

THE COMICS LOUNGE - Pre Comedy Fest Showcase

When: Friday 15 Mar - 6pm to 11.30pm

Where: Transport from IOE, Ferntree Gully

Cost: \$15 - drinks at own cost

BOOK: www.trybooking.com/CPBOJ

MORNING MELODIES & LUNCH

When: Thurs 7 Mar, 5 Apr and 2 May - 10am to 1pm

Where: Ferntree Gully Hotel, 1130 Burwood Hwy

Cost: \$10 - drinks at own cost

BOOK: www.trybooking.com/COXTZ

ART CLASS FOR CARERS

When: Tue 26/3, 23/4 and 28/5, 10am to 12pm

Where: IOE Boronia, 280 Dorset Rd

Cost: \$10

BOOK: www.trybooking.com/CPAXH

Monthly art classes for carers led by a person centred art therapist, counsellor and clinical supervisor, Sandra. Suitable for beginners and those who have experience with any form of art. Sandra supplies everything that you need for this class.

FRIDA'S SIP AND PAINT

When: Monday 15 Apr - 6pm to 8pm

Where: Frida's Sip and Paint, Ringwood North

Cost: \$30

BOOK: www.trybooking.com/CPAYW

Grandparent Carers

FREE get-togethers to recognise the unique role of grandparents who are full-time carers/guardians of their grandchild(ren) with disability. Connect with others who share this role and enjoy some company.

SOCIAL LUNCH

When: Thursday 14 March - 12pm to 2pm

Where: Royal Hotel, Upper Ferntree Gully

BOOK: www.trybooking.com/CPAYF

SOCIAL LUNCH

When: Thursday 23 May - 12pm to 2pm

Where: Killara Estate, Seville East

BOOK: www.trybooking.com/CMVEN

Carer Social Dinners

MARCH DINNER - Billy's Kitchen

When: Wednesday 20 March - 6pm to 8pm

Where: Knox Ozone, Wantirna South

Cost: \$15 - drinks at own cost

BOOK: www.trybooking.com/COXVC

APRIL DINNER - Lilydale International

When: Tuesday 23 April - 6pm to 8pm

Where: 471 Maroondah Hwy, Lilydale

Cost: \$15 - drinks at own cost

BOOK: www.trybooking.com/COXVK

MAY DINNER - Club Ringwood

When: Thursday 16 May - 6pm to 8pm

Where: 523 Maroondah Hwy, Ringwood

Cost: \$15 - drinks at own cost

BOOK: www.trybooking.com/CPAUB

Mums Social Group

PENINSULA HOT SPRINGS

When: Saturday 4 May - 9am to 5pm

Transport: From IOE, Ferntree Gully

Cost: \$75

BOOK: www.trybooking.com/CPBAK

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