

Volunteer Opportunities at IOE

Interchange Outer East (IOE) offers a range of volunteering options for people of all ages, experience and interests. Unique in the region and sector, young people from the age of 14 are welcome and encouraged to sign up to volunteer. Choose from:

- **Recreation Volunteer**
- **Host Volunteer**
- **Adult Services Volunteer**
- **Placement Students**
- **Administration Volunteer**

Volunteers play a crucial role in the running of many IOE programs and throughout the agency as a whole.

IOE highly values its volunteers and actively recognises their contribution through special volunteer only events including volunteer camps.

Volunteering is fun, rewarding and makes a difference in the lives of local families.



I am so proud to be a part of the volunteer program. It has 100% changed my life and I get to spend time with the most amazing kids!

- Charlotte, Volunteer

I have learned a fair bit in my time on this Earth but I would say that the most important lessons I have learned have come from my experiences in volunteering!

- Freya, Volunteer



Volunteer Opportunities



Providing a range of volunteering options for everyone.

Flexible, fun and fulfilling volunteering opportunities that support the wellbeing of children and young adults with a disability and their families.

Interchange Outer East

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Your local NDIS registered service provider

Volunteering Options

Recreation Volunteer - Our recreation volunteers provide peer-to-peer support to program participants by encouraging interaction and activity participation. We have a firm belief in the value of people volunteering at a young age and our recreation programs welcome volunteers from the age of 12 years.

Volunteers at IOE come from all walks of life - the only must-have is a sense of fun! There is no requirement to have previous experience in working with people with a disability. Volunteers learn as they go and soon discover that working with someone with a disability is just about working with people. Support and assistance is always provided by staff and senior volunteers.

On our weekend and school holiday camps and activities, volunteers are matched with a child with a disability. Matches are carefully selected based on the needs of the child and the skills of the volunteer, as well as taking into account the interests of both the child and volunteer. In short, we try to match volunteers with children who have similar personalities and interests. This helps children and volunteers have as much fun as possible, while also building a friendship. Recreation volunteers also don't pay for a thing - all camps and activities are paid for by IOE.

People aged 12-15 years old are invited to participate in IOE recreation programs and will be fully supported by our trained staff.



Adult Programs Volunteer - IOE runs a range of different programs for young adults throughout the week. The programs run from 9am to 3pm, Monday to Friday during school terms and include activities such as health and fitness, skill development, work training, communication, gardening, sport & recreation and many more.

Adult programs volunteers assist staff to engage participants in the program, encouraging them to develop their skills and get the most out of the activity. There are also opportunities to volunteer on adult camps, day activities and holidays - including some overseas trips!

Host Volunteer - The host program matches a volunteer To a person with a disability to spend time with on a regular basis from just a few hours to a full weekend each month.

Hosts come from various cultural and religious backgrounds, households and relationships and can be any age from 18+. The matching process takes into consideration individual needs and preferences, shared interests, geographic location and life experiences.

This is a flexible program where times and days are mutually agreed upon between the volunteer and their host buddy. However, a regular monthly catch-up is encouraged to promote the trust and friendship that helps make hosting successful.

Host volunteers provide opportunities to share their lifestyle which provides a person with a disability the opportunity to have new social experiences whilst their own family receives some respite.

Placement Students - We have opportunities for placement students studying in the fields of disability support, allied health, community services, youth work, mental health etc., to gain practical experience across many different programs.

Depending on what your placement requirements are and your course, we can provide interesting and meaningful



placement arrangements for Certificate III, IV, Diploma and Bachelor course students. Students can be placed in positions across the organisation that will suit most timelines and study parameters and meet the specific assessment areas for each course.

Administration and Other Options - IOE offers work experience and volunteer opportunities across all areas of the organisation. We have projects, events, fundraisers and festivals that volunteers are able to work on for the duration of the project and events throughout the year that provide a range of volunteering opportunities.

Our administration department comprises a wide range of tasks and skill sets. If you are skilled and interested in volunteering in the following areas; marketing, media, accounts, IT, OH&S, recruitment, training, data entry or any more general office duties, we can explore volunteering possibilities with you.

Contact

For more information contact the Interchange Outer East Volunteer Coordinators on 9758 5522 or email volunteers@ioe.org.au

Further information and online application forms are also available on the IOE website - www.ioe.org.au