



FAMILY SUPPORT NEWSLETTER

SPRING 2024

BOOKINGS OPEN AT 7PM ON FRIDAY 16 AUGUST 2024
LICOLA FAMILY CAMP & IOE CARERS RETREAT INCLUDED

Social opportunities for the families of children and young adults with disability, living in Melbourne's outer east. A variety of affordable outings, camps and weekends away for parents and carers, siblings and grandparent carers to relax and unwind, meet others and build their community.

Carer Support

Our Carer Support Program gives parents and carers of children and young adults with disability the chance to connect with each other in a relaxed and social environment.

ART CLASS FOR CARERS

When: Tues 10 September/ 8 October/ 12 November, 10am – 12pm
 Where: IOE, Boronia
 Cost: \$10
 Book: <https://www.trybooking.com/CTREV>

MORNING MELODIES & LUNCH

When: Thurs 5 September/ 3 October / 7 November. 10am – 1pm
 Where: Ferntree Gully Hotel
 Cost: \$10
 Book: <https://www.trybooking.com/CTRED>

TEN PIN BOWLING

When: Friday 6 September, 7pm – 10pm
 Where: Oz Ten Pin Bowling, Chirnside Park
 Cost: \$15
 Book: <https://www.trybooking.com/CTRL>

TWO OF US – SONGS OF LENNON & MCCARTNEY

When: Friday 1 November, 7:30pm – 10pm
 Where: Karralyka Theatre, Ringwood East
 Cost: \$30
 Book: <https://www.trybooking.com/CTZQL>

Carer Social Dinners

Due to high demand, Carers are asked to book one social dinner only per season, if more places become available due to cancellations you may apply for a second. Pop your name on the waitlist or keep an eye on our Facebook page for last minute availability. Thank you, this lets more folks access the dinners.

SEPTEMBER DINNER Club Kilsyth

When: Wednesday 18 September, 6-8pm
 Where: 1-15 Canterbury Rd, Bayswater North
 Cost: \$15 – drinks at own cost
 Book: <https://www.trybooking.com/CTZJX>

OCTOBER DINNER Ora D'Ora

When: Thursday 24 October, 6-8pm
 Where: 28 Hewish Rd, Croydon
 Cost: \$15 – drinks at own cost
 Book: <https://www.trybooking.com/CUAVA>

NOVEMBER DINNER Eating House

When: Tuesday 26 November, 6-8pm
 Where: 17/1100 Wellington Rd, Rowville
 Cost: \$15 – drinks at own cost
<https://www.trybooking.com/CUBKH>

Sibling Support



Our Sibling Support Program gives children and teens, who have a brother or sister with a disability the chance to have fun and make friends with others who understand their situation. To access the program you must have a

sibling with a disability. This program is not for individuals who have a disability themselves. Activities and camps for siblings are FREE to attend, thanks to the generous support of Freemasons Victoria.

MINI GOLF & BETTY'S BURGERS

NEW Young Adult Siblings aged 16 - 24
When: Saturday 21 September, 3pm – 8:30pm
Where: Transport from IOE, Ferntree Gully or meet us at Eastland
Book: <https://www.trybooking.com/CUARU>

LUNA PARK

Sibling aged 5 – 17years
When: Thursday 26 September, 10am – 5pm
Where: Transport from IOE, Ferntree Gully
Book: <https://www.trybooking.com/CTZPA>

LAZER STRIKE

Sibling aged 8-17
When: Saturday 26 October, 10:30am – 5pm
Where: Transport from IOE, Ferntree Gully
Book: <https://www.trybooking.com/CUBGJ>

WATER PLAYGROUND & TRAMPOLINING

Sibling aged 5 – 17 Years
When: Sunday 17 November, 10am – 5pm
Where: Transport from IOE, Ferntree Gully
Book: <https://www.trybooking.com/CUBNM>

Grandparent Carers

FREE get-togethers to recognise the unique role of grandparents who are full-time carers/guardians of their grandchild(ren) with disability. Connect with others who share this role and enjoy some company.

SOCIAL LUNCH

When: Thursday 19 September, 12-2pm
Where: The Lilydale General, Lilydale
Book: <https://www.trybooking.com/CTZPR>

SOCIAL LUNCH

When: Wednesday 16 October, 12-2pm
Where: Knox Club, Wantirna South
Book: <https://www.trybooking.com/CUBGX>

SOCIAL LUNCH

When: Thursday 14 November, 12-2pm
Where: Bark and Silk Café, Croydon
Book: <https://www.trybooking.com/CUBOH>

All welcome. Families do not need to be registered with IOE to be involved.

Mums Social Group

BRUNCH & CERAMIC PAINTING

When: Sunday 15 September, 10:30am – 2pm
Where: Leaf & Vine Café and Glaze It Studio, Ringwood
Cost: \$40
Book: <https://www.trybooking.com/CTZOH>

MUSTARD TREE OP SHOP & CAFE

When: Saturday 26 October, 10.30am-1pm
Where: 3/28 John St, Lilydale
Cost: \$10
Book: <https://www.trybooking.com/CUBFL>

TEPPANYAKI BANQUET

When: Friday 29 November, 7.30-9.30pm
Where: Burwood Teppanyaki House, Burwood East
Cost: \$30 - drinks at own cost
Book: <https://www.trybooking.com/CUAEB>

CROCS FAMILY PLAY SESSION

When: Sat 22 June, 5pm-8pm
Where: Crocs Playcentre, Ringwood
Cost: \$5 per person
BOOK: www.trybooking.com/COYYW

LICOLA FAMILY CAMP



We are now taking applications to attend Licola Family Camp in 2024. Please note that our Family Camps are very popular and we are expecting an overwhelming response. By completing this application form you are registering an expression of interest to attend the camp and are not making a confirmed booking. Successful applicants will be notified Friday 13th September.

When: Friday 8 – Sunday 10 November

Where: Licola Wilderness Village

Cost: \$80 per person, capped at \$320 per family

Apply: <https://forms.gle/vY6U9DHh4YHotQyWA>

CARER RETREAT



Interchange Outer East invites parents and carers of a child or young adult with a disability to the annual Parent and Carer Retreat. Expressions of interest are now open. By completing this application form you are registering an expression of interest to attend the weekend retreat and are not making a confirmed booking.

When: Friday 11 – Sunday 13 October

Where: Inverloch RACV Resort

Cost: \$170 per person

Apply <https://forms.gle/d3w6LxMnS8NncTxF8>

FAMILY FUN DAY



Free Family Fun Day for children with a disability and their families & carers. Presented by Interchange Outer East and Rotary Club of Balwyn. The day includes mini-train rides, animal farm, sausage sizzle, magic show, face painting, raffle and a visit from Santa!

When: Sunday 24 November, 11am – 3pm

Where: Box Hill Miniature Railway, Mont Albert Nth

Cost: Free

Book: <https://www.trybooking.com/CUBPL>

Enquiries:
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